



ACTION

HERA's Climb4Life



September is Ovarian Cancer Awareness Month, and the HERA Foundation wants you to come climbing to help fight this deadly disease. HERA's Climb4Life fundraiser, presented by Black Diamond and held September 14-17 in Salt Lake City is open to men, women, and children of all ages and climbing abilities. Registration for the four-day event is just

\$65 and includes two days of rock climbing and learn-to-climb workshops as well as yoga, massages, parties, and a film festival. HERA (named for the wife of Zeus in Greek mythology and also an acronym for health, empowerment, research, and awareness) donates more than 85 percent of the money raised to fund ovarian cancer research, awareness programs, and local support programs. And this year, the fifth anniversary of the Climb4Life event, HERA expects to raise more than \$100,000. To find out more about HERA and Climb4Life, visit www.herafoundation.org and click on Events; send an e-mail to info@herafoundation.org; or call 970 948 7360.

Big City Mountaineers

You can't always take the city out of the kid, but you can most definitely take the kid out of the city. By taking disadvantaged urban youth on weeklong summer backpacking trips, nonprofit organization Big City Mountaineers (BCM) offers teens an experience they will never forget. Contributors to the program also get their share of amazing opportunities. The primary fundraiser, Summit for Someone, is a guided climb up one of 11 classic peaks in the continental United States: Grand Teton, Longs Peak, Mount Athabasca, Mount Hood, Mount Moran, Mount Olympus, Mount Rainier, Mount Shasta, Mount Victoria, Mount Washington, or Mount Whitney. The contribution of \$3,500 for the climb (either raised or donated directly) pays for a full week's recreational mentoring trip for five at-risk, urban teens. Summit for Someone registration starts in October and the trips happen in 2007. You'll not only get to climb a peak yourself and keep \$2,700 worth of gear donated by BCM's supporting companies, but you'll also help bring a completely new experience—and a lifetime of memories—to some of America's underprivileged teens. www.bigcitymountaineers.com; 303 271 9200

—J. B.



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BOOK REVIEWS



Tales from Nowhere: Unexpected Stories from Unexpected Places by Don George, ed. (Lonely Planet, 2006; \$15)

Good news for all of you armchair adventurers: Lonely Planet—the authority on far-flung locales—has just released its annual anthology of exotic tales, penned by some of the world's most seasoned travel writers. With a foreword by none other than Tim Cahill, *Tales from Nowhere* is a juicy collection that deftly transports you to places you may never find your way to, from hurricane-ravaged Louisiana to Afghanistan and Cambodia and everywhere in between.

In Pico Iyer's story, "Postcard from the Edge," he travels to what he finds to be the epitome of nothingness: "My days went very strangely on Easter Island, as if I had attained a dream-space in which I walked through parallel passageways in my head. To get to town meant wandering along those empty roads, quite car-less, or waiting for a bus scheduled to arrive six months from now." Though some readers may feel quite content to stay put in their armchairs, others may be inspired to catch that first flight out to Nowhere.



Women Who Run by Shanti Sosienski (Seal Press, 2006; \$16)

Why do you run? *Women's Adventure* contributor Shanti Sosienski asked female runners from all different backgrounds—Olympic athletes, up-and-coming track stars, and casual joggers—that very question. The result is a collection of inspiring stories that prove, no matter what we are going through in our lives, that we all run for the same reason: to feel good, empowered, and free. If there is nothing else that will get you to hit the trail or the pavement, this book will. Read at your own risk.

—Christian Nardi